

fine motor **MLESTONES**

A developmental guide for parents of preschoolers

Remember, these are general guidelines. You know your child best. If you have concerns, it is always best to seek an evaluation by an occupational therapist.

3 YEARS

- ✓ Scribbles, draws lines, and beginning to copy shapes
- ✓ Strings large beads and builds a tower of 8-10 blocks
- ✓ Snips paper with child-safe scissors
- ✓ Uses both hands together during play and routine tasks
- ✓ Uses a spoon and fork to eat independently.

4 YEARS

- ✓ Copies a cross shape (+) and beginning to copy a square shape
- ✓ Colors with improved control and cuts across paper with scissors
- ✓ Strings small beads and buttons large buttons
- ✓ Draws a person with 4-6 body parts
- ✓ Shows a clear hand preference for most activities

5 YEARS

- ✓ Grasps pencils with good control for drawing
- ✓ Writes their first name or some letters
- ✓ Cuts simple shapes with scissors
- ✓ Buttons and zips clothing independently

