



iRehab Services
Empower. Connect. Progress.

REFERRAL GUIDE

SLP • OT • SW



Where should I refer?

If concerns are primarily about...

- Communication, cognition, or swallowing → **SLP**
- Daily tasks, movement, or sensory needs → **OT**
- Emotional, behavioral, or psychological needs → **SW**

SLP (Speech Therapy)

Refer if you notice:

- Difficulty **speaking** or being understood
- **Word-finding** difficulty or **memory** issues
- Difficulty following directions
- **Cognitive changes** after TBI/stroke
- Difficulty **swallowing** or coughing with eating or drinking
- **Voice** changes

OT (Occupational Therapy)

Refer if you notice:

- Difficulty with **daily tasks** (dressing, cooking, hygiene)
- **Fine motor** challenges (writing, using tools)
- Extremity **weakness** or **coordination** issues
- Sensory sensitivities or **regulation** difficulties
- Visual-perceptual or **attention** challenges
- **Safety concerns** at home or in the community

SW (Social Work)

Refer if you notice:

- Difficulty **coping** with injury/diagnosis
- **Emotional** or **behavioral** concerns
- **Caregiver stress** or burnout
- Difficulty **adjusting** to injury or life changes
- **Psychological barriers** impacting engagement in care (motivation, follow-through, etc.)

Often, individuals benefit from multiple services. For example...

- **TBI** → SLP + OT + SW
- **Stroke** → SLP + OT
- **Work-related injury** → OT + SW

**Not sure where to start?
We can help. Connect with us today!**

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